



INTRODUCTION

Message From Our Manager

We have had a jam-packed autumn with lots of activities at the home. Thank you to the residents, relatives, volunteers, and our brilliant team who helped make the past few months so special.

As the seasons change and the weather takes a turn, we embrace the cosy nights ahead. With the festive build-up towards Christmas, there is much to look forward to. Let's make this season one to remember!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Tsitsi Shanyurai
Home Manager

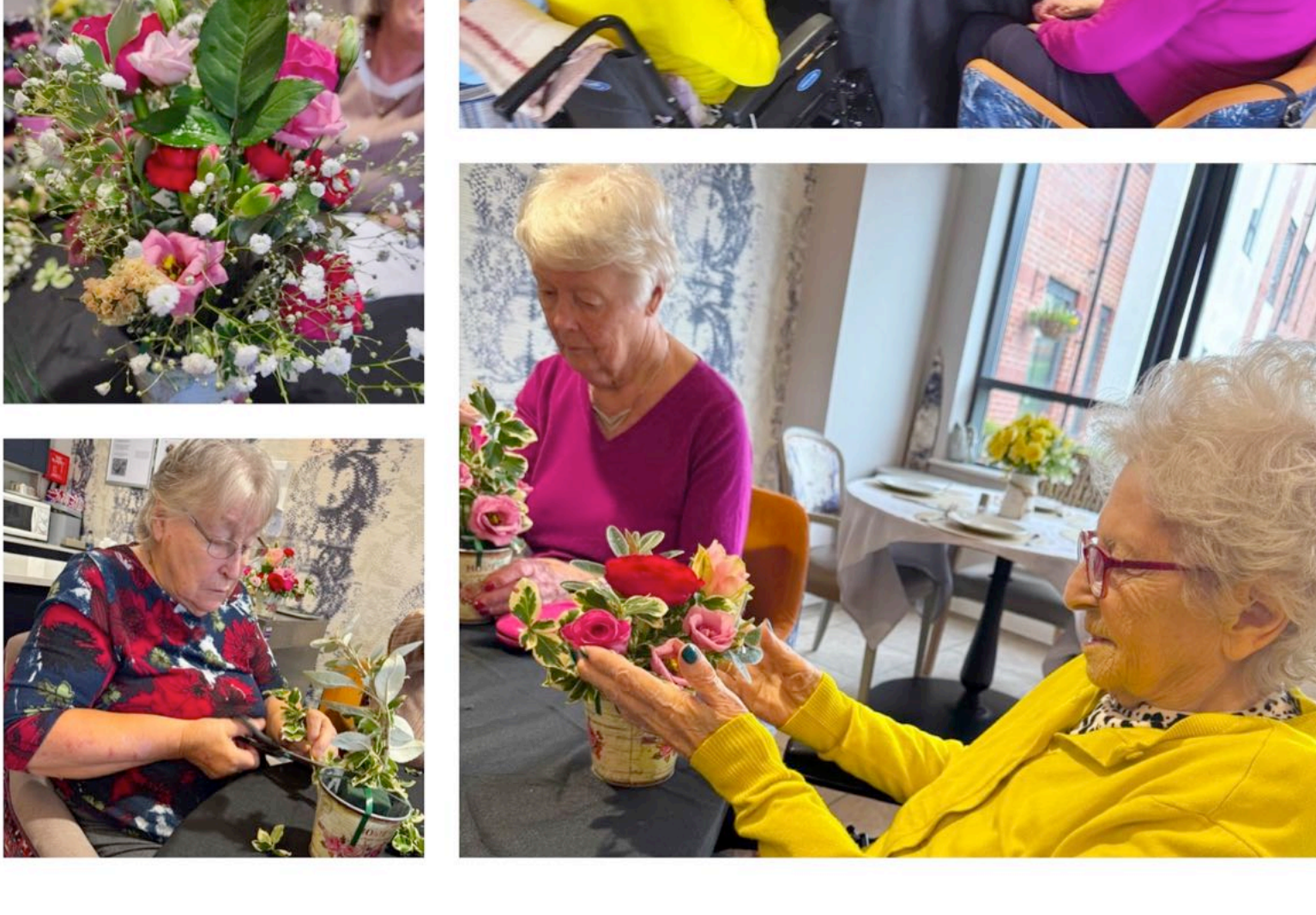


ACTIVITIES & EVENTS

Flower Arranging Fun at Amberley

We had an absolutely 'blooming' fantastic day here at Amberley! Our lovely residents took part in a flower arranging session, and what a joyful time we had! There were smiles all around as we chatted, laughed, and got creative with beautiful bunches of colourful blooms.

Each resident created their very own stunning arrangement, showing off their amazing creativity and personal flair. And the best part? Everyone got to keep their floral masterpieces to brighten up their rooms!



Remembrance Service

We gathered together for a truly beautiful and heartfelt Remembrance Service here at Amberley Care Home. Residents and staff listened to the history and meaning behind Remembrance Day, reflecting on the courage, sacrifice, and resilience of all those who served. At 11am, everyone united for the two-minute silence, a powerful moment of stillness and respect.

Afterwards, we were incredibly proud as one of our very own residents, Joan, stood to deliver a thoughtful and moving speech, followed by leading us in The Lord's Prayer. Her words touched every heart in the room.

A massive thank you to Debbie, who played a wonderful and heartfelt song, adding even more warmth and meaning to our service. It was a morning filled with community, reflection, and togetherness—a moment we will all remember. Lest we forget.



Celebration of Heritage

What a truly special day it was at Amberley as we came together to celebrate our very own Heritage Day, a joyful occasion filled with colour, culture, memories, and togetherness. The home was alive with laughter, music, and the hum of conversation as both staff and residents shared the stories and traditions that make each of us who we are.

Our amazing staff arrived dressed in the traditional outfits of their home countries, proudly showcasing the rich diversity that makes Amberley such a unique and welcoming place. From the vibrant patterns of African fabrics to the elegant saris, kilts, and embroidered blouses from around the world, every outfit told a story. As each team member spoke about their heritage, we were transported across continents, learning about customs, languages, celebrations, and family traditions that connect us all through our shared humanity.



The residents, too, had their chance to shine. Many shared incredible stories from their own pasts, particularly memories of life in Britain during the war. Listening to them speak of courage, community spirit, and how people pulled together during difficult times was both moving and inspiring. Their words reminded us that strength and unity have always been at the heart of the human spirit—values that still bind us together today at Amberley.

We were also delighted to welcome residents' families, who joined in the festivities and added even more warmth to the day. The dining room was a feast for the senses thanks to our talented kitchen team, who prepared a stunning array of dishes from around the world. Aromas of spices and home-cooked favourites filled the air, from fragrant curries and hearty British classics to sweet treats and refreshing drinks. Every bite was enjoyed, and every plate was served with love.

There were smiles all around, laughter echoing through the corridors, and a wonderful sense of pride and connection that could be felt in every moment. Heritage Day reminded us that while we all come from different places and backgrounds, together we create something truly beautiful: a family.

At Amberley, we don't just celebrate diversity; we live it every day. And on this special day, surrounded by stories, traditions, and shared joy, we were reminded once again just how lucky we are to be part of such a caring, vibrant, and united community.



Music Therapy

Music therapy with Debbie and Joe continues to be a true highlight in our home, filling the rooms with warmth, laughter, and harmony. Their sessions are not just about music; they're about connection, expression, and joy. With every note played and every song sung, Debbie and Joe create an atmosphere that lifts spirits and brings comfort to all.



Residents look forward to Debbie's soothing one-to-one sessions, where her gentle approach encourages relaxation, reminiscence, and personal connection through familiar tunes. The group sessions, full of energy and togetherness, often turn into joyful sing-alongs that spark smiles, laughter, and even a few happy tears. It's a beautiful reminder of how powerful music can be in touching hearts and bringing people closer together.



Mental Health Day

We proudly marked World Mental Health Day with a special celebration here at Amberley, recognising the importance of mental wellbeing for both our residents and our dedicated staff.

The day was filled with meaningful moments - from open conversations and calming activities to simply spending time together in support and reflection. Mental health is something we value every day, but this day was a powerful reminder of the strength found in community, compassion, and care.

A heartfelt thank you to everyone who took part and helped make the day so special. Let's continue to support one another, raise awareness, and put mental well-being at the heart of all we do.



EXTERNAL LINKS

Social Media

Make sure to check out the Amberley Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

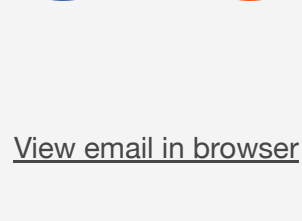
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[Carehome.co.uk](#) & [Google Reviews](#)



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